

Time	M	T	W	R	F
7:00 to 8:00 AM					
8:00 to 9:00 AM					
9:00 to 10:00 AM					
10:00 to 11:00 AM					
11:00 to 12:00 PM					
12:00 to 1:00 PM					
1:00 to 2:00 PM					
2:00 to 3:00 PM					
3:00 to 4:00 PM					
4:00 to 5:00 PM					